



**To:** Family Choice Health Network (FCHN) PCPs  
**From:** Toan Q. Tran, President FCHN  
**Re:** PCP Meeting Minutes  
**Date:** April 11 & 14, 2017

FCHN held a PCP dinner forum on April 11 & 14, 2017. This business meeting included presentations by Dr. Toan Tran, President and Dr. Lowell Gordon, Medical Director. Dr. Tran opened the meeting and recounted another successful year for FCHN. He made the following points:

- Merit-based incentives: The distribution formula is being increasingly weighted to include HEDIS results, RAF scores and participation in the CalOptima Model of Care (MOC) including performance of Initial Health Assessment (IHA).
- Accountable Care Organizations (ACO): Regardless of whether ObamaCare gets repealed, MACRA will continue and PCPs will get a payment reduction from CMS unless they start submitting data and participating in quality improvement initiatives. This can be side-stepped by joining an ACO and FCHN will set up a physician-led ACO starting in January, 2018. It is important for PCPs to know that they can only participate in one ACO so they should resign in writing from any ACO they may have joined in the past if they want to enroll in FCHN's ACO.

Dr. Gordon noted that CalOptima is promising increased transparency and scrutiny of each network's performance with a specific focus on HEDIS and Risk Adjustment Factor (RAF):

- RAF scoring for seniors can be improved through thorough documentation once per year for a patient's conditions: for example, diabetes with vascular complications; vascular disease: diabetic peripheral angiopathy; and CHF all build upon one another to generate a RAF score of 1.654
- CalOptima was recently awarded a "Commendable" rating from NCQA but only because increased member satisfaction overcame lower HEDIS scores. Comprehensive care for diabetics includes a yearly retinal screening exam and documentation of a normal blood pressure on the patient's chart.
- VSP is an Optometry carve-out established by Cal Optima: Routine vision screening is an every other year benefit that is administered by VSP and not FCHN. For known diabetics, VSP will pay for a dilated retinal exam on a yearly basis!! PCPs need to ensure that diabetic patients get this screening.
- Incentive payments can be earned for yearly exams and Initial Health Assessment performed on new members; FCHN will begin sending out lists of new members.
- Direct referral is a service to our members and improves access; if PCP offices are experiencing resistance from specialist offices, they are asked to contact Dr. Gordon so that issues can be addressed. This program does not impact the billing of specialists and does not affect their payment.
- Treatment for osteoporosis should be discontinued after 3-4 years: NEJM 2012 May 31; 366(22): 2051

FCHN wants to thank the PCPs for their continued support, loyalty and for the excellent care provided to our Members and for making the year a great success!!